

We know how much everyone enjoys the collaboration and energy of onsite training; however, many facilities are not offering onsite training at this time **OR** may have limited time(s) and staff for training. **Welcome to virtual training!** This may be an option for cost and time effective sessions and an easy way to get new instructors certified or re-certified quickly with the

guidance of a Certified Master Trainer. Anyone may register for any event (so if you see a new topic that you would love to explore) you are welcome to attend any session - land or water!

As long as you have access to internet and a smart device (computer, phone, tablet/ipad) you may stream our sessions. We recommend using a device that has a microphone and camera so we can see and hear you especially if we are doing some practical skills and drills. Additionally, we will always have time for Q & A or a review of things you may not understand. There is no data or download required to access virtual sessions. The courses offered consist of live training sessions via Zoom along with educational videos available on your WaterART Fitness Educational App or the Vimeo Video Streaming platform (depending on which device you prefer to view video streaming). The candidate receives a link & password directly from WaterART Fitness a few days prior to the training event and you simply "click the highlighted link", which will automatically direct you to the



meeting room. Candidates who are completing CECs (continuing course credits) will not have to complete quizzes if you attend all hours. Those opting for full certification are guided by a Certified Master Trainer and can get the exam process done quickly.

## What is Virtual Training?

**Virtual and live sessions** provide an integrated system for both new and seasoned fitness professionals to learn and/or review ideas and techniques which are required and helpful for keeping up to date or to expand their career options.

For water training workshops, candidates do not need a pool to participate; however, in front of the camera, there should be enough space so that we may see your whole body and that you may move around to practicing movement skills. We do not believe in simply sitting behind your device - we want and encourage you to move and learn practical information to help you teach and inspire others to move!

Note: To avoid digital interruptions, upon entry into the course, we ask you to mute your microphone unless the Master Trainer (presenter) requests otherwise.

We know we all learn uniquely so this is a time to try something new & convenient like Virtual Training!

To access and register for all our events Go to **GREEN button "Live Training"** on **www.wwaterart.org** website and click then scroll down. Keep clicking should you want a more detailed description or to order product simply add to your shopping cart.

Let's connect and keep everyone moving forward!

Note: All of our Virtual sessions are via zoom and whether you are registered for homestudy, onsite or virtual training you will receive our full home study program (if your taking full Certification) or we add extra videos to your WaterART Fitness Education App (if you are taking CECs). Our goal is to educate and motivate our professionals.