



## FITNESS TRAINING & CERTIFICATION PROGRAMS

*“The Application of Exercise Science is an ART”*

### Our Mandate

WaterART Fitness Training & Certification Programs is the integration of Exercise Design with the Properties of Water so as to EMPOWER our clientele in the individualization of their workout sessions.

Exercise Science is the foundation for Aquatic Fitness. Motivating and making education enjoyable is an ART. The WaterART Fitness Certification Programs - have been developed to provide aquatic fitness leaders with quality education that motivates their clients. The courses are based on most documented and current research. WaterART is a Team Dealer for Speedo and other quality products. Hydropool – Swim in place Pools are a sponsor.

### Our Mission Statement

To raise the GLOBAL Aquatic Fitness Industry Standards through:

1. Research - based Education,
2. Superior Equipment and Resources,
3. A Dynamic Professional Image, through “Dress for Success” program

### Advisory Board

Julie Twynham, President, Hons. B.A., PFLC, Medical Exercise Specialist, ACE, AEA Certified,  
Diana Griffin, BA, BS, WaterART GMT,  
Drusilla Leitch, ACE, WaterART Certification Director, WaterART GMT  
Rikki Gross, Phys Ed. Medical Exercise Specialist, WaterART GMT  
Jane Pomponio , WaterART MT  
Bill Fitts, M. Sc., WaterART MT,  
Mari Roos, M.A. WaterART MT  
Judy Conley, B.A., WaterART MT  
Pat Skibinski, B.A., B.Ed., OCT, WaterART GMT,  
Chet Skibinski, B.A . WaterART GMT,  
Amit Bidaye, B.H.Sc., P.T., WaterART MT  
Tina D'Angelo, Health& Fitness Diploma, YMCA, OSSC, ANAC, WaterART GMT  
Pam Genge, B.A., WaterART MT  
Jari-Lynn Weaver, WaterART MT,  
Clare Goreman, RN, WaterART MT  
Janet Rollero WaterART MT  
Pam Genge, BA, WaterART MT  
Helene Jubinville B.Sc, C.K, WaterART MT  
Julie Scratch B.S., WaterART MT  
Kwan Szeto, P. Eng. GMT Hong Kong  
Anne E. Berens, Ph.D.,  
Lynn Kabaroff, B.Sc., C.K, WaterART GMT  
Bonnie Bailey, B.A., Medical Exercise Specialist, NLS, WaterART MT,  
Dr Lucia Getsi PhD

*WaterART graduates = 12,500*

### Memberships, Associations for Continuing Education Credits

AEA -Aquatic Exercise Association,  
NLS- National Lifesaving Society  
The Arthritis Society of Ontario  
AFPA-American Association of Fitness Professionals