



WaterART
CERTIFIED INSTRUCTOR
www.waterart.org

FITNESS TRAINING & CERTIFICATION

“The Application of Exercise Science is an ART”

Our Mandate

WaterART Fitness Training & Certification Programs is the integration of Exercise Design with the Properties of Water so as to EMPOWER our clientele in the individualization of their workout sessions. Exercise Science is the foundation for Aquatic Fitness. Motivating and making education enjoyable is an ART. The WaterART Fitness Certification Programs - have been developed to provide aquatic fitness leaders with quality education that motivates their clients. The courses are based on most documented and current research. WaterART is a Team Dealer for Speedo and other quality products; Hydropool – Swim in place Pools is a sponsor.

Our Mission Statement

To raise the GLOBAL Aquatic Fitness Industry Standards through:

1. Research - based Education,
2. Superior Equipment and Resources,
3. A Dynamic Professional Image, through “Dress for Success” program

Advisory Board

Julie Twynham, President, Hons. B.A., Medical Exercise Specialist, ACE, AEA Certified,
Drusilla Leitch, ACE, WaterART Certification Director, WaterART GMT
Rikki Gross, Phys Ed. Medical Exercise Specialist, WaterART GMT
Chet Skibinski MEd, OCT, STC, WaterART GMT
Pat Skibinski, B.Ed's, MEd, OCT, WaterART GMT
Leigh De Groot DPT, WaterART MT
Bonnie Bailey, B.A., Medical Exercise Specialist, NLS, WaterART MT,
Amit Bidaye, B.H.Sc., P.T., WaterART MT
Judy Bjornson, BA, WaterART Master Trainer
Judy Conley, B.A., WaterART MT
Christina DeSouza WaterART MT
Sandy DuSomme WaterART MT
Bill Fitts, M. Sc., WaterART MT,
Ruth Fraley, MBA, WaterART MT
Pam Genge, B.A., WaterART MT
Dr Lucia Getsi PhD WaterArt MT
Clare Gorman, RN, WaterART MT
Helene Jubinville B.Sc, C.K, WaterART MT
Terri Lees , M PEd, WaterART MT \\
Sharon McDonnell, M Sc., WaterART MT
Delia Palmer, Bach of PE,
Wendy Patrick, B.S. WaterART MT
Jane Pomponio , WaterART MT
Janet Rollero WaterART MT
Julie Scratch B.S., WaterART MT
Wendy Patrick, B.Sc.,MT
Dorie Shore WaterART MT
Amanda Sommer, WaterART MT
Jari-Lynn Weaver, WaterART MT,
Joanne Hannan, WaterART MT
WaterART graduates = 21,500

WaterART is the recognized Aquatic Fitness provider for the Ontario Fitness Council (OFC) & Fitness Practitioners Association of Ontario (FPAO) which is a part of the NFLA - National Fitness Leadership Association (British Columbia Recreation and Parks Association, Alberta Fitness Certification Leadership Association, Saskatchewan Parks and Recreation Association, Manitoba Fitness Council, Fitness Practitioners Association of Ontario/OFC, Fitness New Brunswick, and Nova Scotia Fitness Association). These organizations were unanimously approved by the International Confederation of Registers for Exercise Professionals board, ICREPS is supported and promoted by IHRSA as the global authority for registers of fitness and exercise professionals based on entry level standards and education levels of it's members. The registries in our partner countries are highly supported by the industry as a transparent system where people can find the basic minimum standards, the official training/education providers or "certifications", requirements, approved continuing education credits, conferences and workshops. WaterART Fitness continues to keep our standards of care top quality to adhere to guidelines of the above organizations.