



EVENT LISTINGS – March 7th, 2010 JT
*** more added weekly**

HOW TO REGISTER ONLINE www.waterart.org

On the www.waterart.org home page – click on the lovely ladies at the top photo. This will link to all of the events – and you may register online.

If you have an account with us simply log in don't create another account. Utilize the email address as your USER NAME.

If you don't know your password –click forgotten password & it is emailed to your private email.

If you are new – you will have to create an account top right hand corner of website

Don't create another account if you have been receiving stuff from us – as your qualifications nor WP memberships discount will not automate. If you have a new email – email us and we may re-set your account.

You may also PHONE to register with a Credit Card – 1 866 5 438-938 or 416 621-0821.

Another option to find the events listed – TYPE in the City of the event into the ADVANCED SEARCH ENGINE top left hand corner of our website.

ALL = Continuing Education Course CEC Workshops = ONSITE TRAINING EVENTS

Anyone may attend. All Certified Instructors require 16 hours of continuing education credits CEC's every 2 years. We also provide CEC's for AEA, AFPA, CFP, NLS, OFC, OKA, BCRPA, AFLCA.

Other organizations may be petitioned. Please check CEC allotment prior to registering.

Continuing Education Course (CEC) Workshop Dates	Locations
1500-100313 Noodles & Muscles CEC Workshop)Saturday, March 13, 2010 1:00-5:00pm	Element Fitness 7880 Quivira Rd, Lenexa, KS 66215
1500-100313 Kick up your Cardio CEC Workshop)Saturday, March 13, 2010 8:00-12:00	Element Fitness 7880 Quivira Rd, Lenexa, KS 66215
1500-100319-Water Safety Program for Instructors -Friday, March 19th, 2010 12:00 – 6:00 pm	YMCA of Iredell County 828 Wesley Dr. Statesville, NC 28677
1500-100320- Continuing Education Workshop -Saturday, March 20th, 2010 9:00 - 5:00 pm	YMCA of Iredell County 828 Wesley Dr. Statesville, NC 28677
1500-100321 A Variety of Workshops -Sunday, March 21st, 2010 8:00-4:00 pm	Katie and Irwin Kahn Jewish Community Center 306 Flora Drive, Columbia, SC 29224
1500-100326- Certification Renewal -Friday & Saturday March 26th & 27th, 2010 4:00-9:00 pm & 8:00-4:30 pm	Harbour Pool 10001 - 94 Ave., Fort Saskatchewan, AB
1500-100327—A Variety of Workshops-Saturday March 27th, 2010 8:00-4:30 pm	Harbour Pool 10001 - 94 Ave., Fort Saskatchewan, AB
1500-100327-Programming for Common Medical Conditions Workshop)Saturday, March 27th , 2010 8:00-10:00 AM (theory) & 2:30-4:30 PM (pool)	Robert D. Fowler YMCA 5600 West Jones Bridge Rd. Norcross GA
1500-100327-Kick up Cardio Combos Workshop -Saturday, March 27th , 2010 10:00-12:00 theory & 12:00-2:00 pm Pool	Robert D. Fowler YMCA 5600 West Jones Bridge Rd. Norcross GA
1500-100410-Stretch & Relax (Land) Workshop -Saturday, April 10th, 2010 12:00 – 4:00 pm	Healthy U Personal Training Inc, 431 route 22 East, Whitehouse Station, NJ
1500-100410-Aquatic Rehabilitation Workshop – Saturday & Sunday, April 10 th & 11 th , 2010 9:00- 6:30 pm	St. Joseph's Villa 56 Govenor's Road, Dundas, ON, L9H 5G7
1500-100411- A Variety of Workshops - Sunday, April 11th, 2010 8:00-4:00 pm	Cranbrook Aquatic Center, 1777 2 nd Street North, Cranbrook BC
1500-100417 –A Variety of Workshops - Saturday, April 17th, 2010 8:30 - 5:30 pm	Michigan Athletic Club 2900 Hannah Blvd, East Lansing, MI 48823
1500-100417 Arthritis Workshop-Saturday, April 17th, 2010 9:00-5:00 pm	Michigan Athletic Club 2900 Hannah Blvd, East Lansing, MI 48823

1500-100418- CEC Workshops, Saturday April 17th, 2010 - 8:00-6:00pm	Harry & Rose Samson Family JCC 6255 N Santa Monica Blvd Milwaukee WI
1500-100327 Pre & Post Natal Workshop -Saturday April 17 th , 2010 1:00-5:00 pm	Franke at the Seaside, 1500 Franke Dr. MT Pleasant, SC 29464
1500-100424 Introduction to Aquatic Personal Training or Managing a Healthy Weight Workshop-Saturday, April 24th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON
1500-100424 - Managing a Healthy Weight Workshop -Saturday, April 24th, 2010 1:00-9:00 PM	Al Palladini Pool 9201 Islington Ave, Vaughan, ON
1500-100425 - Sports Conditioning CEC Workshop -Sunday, April 25th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON
AFFA - A Variety of Workshops -Friday & Saturday, April 30th - May 1st, 2010 8:30-5:30pm	Princess Bayside Hotel 4801 Coastal Hwy, Ocean City, MD
1500-100514-CV Combos -Saturday, May 22 nd , 2010 8:00–12:00 pm	North Kansas City Community Center 1999 Iron St, North Kansas City, MO 64116
1500-100515-Beginner Muscles & Noodles Workshop -Saturday, May 22 nd , 2010 1:00-5:00 pm	North Kansas City Community Center 1999 Iron St, North Kansas City, MO 64116
1500-100521- A Variety of Workshops -Saturday, May 22 & 23, 2010 (9:00-5:00 pm & 8-1:00pm)	Savannah Lakes Village 385 Country Club Drive – McCormick, SC
1500-100604 Re-Certification Workshop)Friday & Saturday, June 4th & 5th, 2010 1:00-6:00 pm & 9:00-5:00 pm	Sea Pines Country Club 30 Governors Road Hilton Head Island, SC 29928
1500-100605- Continuing Education Workshop Day)Saturday, June 5th, 2010 9:00- 5:00 pm	Sea Pines Country Club 30 Governors Road Hilton Head Island, SC 29928
1500-100613 - A Variety of Workshops -Sunday, June 13, 2010 10:00-6:00PM	Mary McCormick Community Centre 66 Sheridan Ave., Toronto, ON
1500-100619-Posture & Balance (Land) Workshop -Saturday, June 19th, 2010 12:00 – 4:00 pm	Healthy U Personal Training Inc, 431 route 22 East, Whitehouse Station, NJ
1500-100908 Aquatic Fitness Continuing Education Day Wednesday, September 8, 2010 9:30 - 5:30 PM	Cummer Park Pool 6000 Leslie St., Toronto, ON , M2H 1J9
1500-100911-Abdominal & Core Training (Land) Workshop Saturday, September 11th, 2010 12:00 – 4:00 pm	Healthy U Personal Training Inc, 431 route 22 East, Whitehouse Station, NJ
1500-100925 – A Variety of Workshops - Saturday, September - 25th, 2010 -10:00-6:30 pm	Red Deer Recreation Centre 4501 47A Ave, Red Deer AB
1500-100306-Group Fitness LAND Workshop)Sunday, October 3 rd , 2010 10:00 – 6:30 pm	Red Deer Recreation Centre 4501 47A Ave. Red Deer AB
1500-101002-Introduction to Aquatic Personal Training Workshop -Saturday, October 2nd 2010 10:00-6:00 PM	JCC Metro West - Leon & Toby Cooperman Bldg 760 Northfield Avenue, West Orange, NJ 07052
1500-101003-Muscle Up Workshop)Sunday, October 3rd 2010 2:00-6:00 PM	JCC Metro West - Leon & Toby Cooperman Bldg 760 Northfield Avenue, West Orange, NJ 07052
(1500-101017 Arthritis Workshop)Sunday, October 17th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan, ON
1500-101017 Mindful Movements Workshop -Saturday, October 16th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan, ON
1500-101102- A Variety of Workshops -Tuesday, November 2nd– Sunday, November 7 th , 2010	Akumal Hotel, Akumal Mexico
1500-101128- A Variety of Workshops -Sunday, November 28, 2010 9:30 - 5:30	Gus Ryder Pool 1 Faustina Drive, Toronto, ON
1500-101211-Combo Fitness, Muscle Up, Pre & Post Natal,	Georgina Leisure Pool

Teamwork, Games & Fun Workshops - Sunday Dec 12 th , 2010 9-5pm	5279 Black River Rd Sutton, ON L0E 1R0
1500-110226 Sports Conditioning Workshop Saturday February 26 th , 2011 10:00-2:00 pm	JCC Metro West 760 Northfield Avenue, West Orange, NJ 07052
1500-110227-Managing a Healthy Weight Workshop -Sunday, February 27 th , 2011 2:00-6:00pm	JCC Metro West 760 Northfield Avenue, West Orange, NJ 07052

WaterART Instructor Certification

This entry level instructor program which provides leaders with the practical skills for designing shallow and deep water programs for a variety of ages, skills and fitness levels. There will be 50% time spent in the classroom theory and 50% time practical pool time. During the training you will learn to build a well-balanced program that incorporate a variety of exercises that target posture, muscular endurance, strength, cardiovascular, flexibility and balance. There is no prerequisite necessary – just a love of the water and fitness. We recommend all instructors, personal trainers, enthusiast take this program.

Date	Location
(100-100312 Instructor Certification)Fri. & Sat. March 12 th & 13 th , 2010 5:30-9:30 pm & 8:00– 6:00 pm	Element Fitness 7880 Quivira Rd, Lenexa, KS 66215
100-100319- Instructor Certification -Fri & Sat, March 19 th & 20 th , 2010 10- 6:00 pm & 9-5:00 pm	YMCA of Iredell County 828 Wesley Dr. Statesville, NC 28677
100-100326-Instructor Certification)Fri. & Sat. March 26 th & 27 th , 2010 4:00-9:00 pm & 8:00-4:30 pm	Harbour Pool 10001 - 94 Ave., Fort Saskatchewan, Alberta
100-100410- Instructor Certification- Sat & Sun, April 10-11 th , 2010 9-6:00 pm & 8:00-4:00pm	Cranbrook Aquatic Center 1777 2 nd Street North, Cranbrook BC V1C 7G9
100-100417 Instructor Certification -Friday & Saturday, April 16 th & 17 th , 2010 12:00-7:00 pm & 8:30-5:30 pm	Michigan Athletic Club 2900 Hannah Blvd. East Lansing, MI 48823
100-100326 Instructor Certification -Friday & Saturday, April 16 th & 17 th , 2010 12-6:00 PM & 9-5:00 PM	Franke at the Seaside, 1500 Franke Dr. MT Pleasant, SC 29464
100-100417- Instructor Certification- Friday & Saturday, April 17 th & 18 th , 2010 - 1-5:00 pm & 8:00-6:00 pm	Harry & Rose Samson Family JCC 6255 N Santa Monica Blvd Milwaukee WI
100-100423-Instructor Certification-April 23-25; May 7-9 2010 6:00-10:00 PM 10:00 - 6:00 PM	Douglas Snow Aquatic Centre 5100 Yonge St., Toronto, ON M2N 5V7
100-100424-Instructor Certification Sat & Sun. April 24 th & 25 th , 2010 1:00-9:00pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON
100-100429- AFPA Instructor Certification -Thursday, April 29 th , 2010 8:00-6:00 PM	Princess Bayside Hotel 4801 Coastal Hwy, Ocean City, MD 21842
100-100514-Instructor Certification-Friday & Saturday, May 21 st & 22 nd , 2010 5:30-9:30 pm & 8:00– 5:30 pm	North Kansas City Community Center 1999 Iron St, North Kansas City, MO 64116
100-100521 Instructor Certification -Friday & Saturday, May 21 & 22, 2010 1:00-7:00 pm & 9:00-5:00 pm	Savannah Lakes Village 385 Country Club Drive – McCormick, SC 29835
(100-100529-Instructor Certification)Saturday & Sunday, May 29 th & 30 th , 2010 Sat 10-6:30pm & Sun 10-6pm	Sir James Whitney School for the Deaf 350 Dundas Street West, Belleville, ON
(100-100529-Instructor Certification)Saturday & Sunday, May 29 th & 30 th , 2010 9:00-5:00 pm	East Bayfield Community Centre 80 Livingstone St. E. Barrie, ON
100-100604 - Instructor Certification)Friday & Saturday, June 4 th & 5 th , 2010 1:00-6:00 pm & 9:00-5:00 pm	Sea Pines Country Club 30 Governors Road Hilton Head Island, SC 29928

(100-100620-Instructor Certification -Sunday, June 20th, 2010 9-5:00pm	Jewish Community Center on the Palisades 411 E Clinton, Tenafly, NJ 0767
100-100823 -Instructor Certification -August 23, 24, 25, 26, 27, 2010 10:30 -6:00 PM	Mary McCormick Community Centre 66 Sheridan Ave. Toronto, ON
(100-100924-Instructor Certification)Friday & Saturday, September 24th & 25th, 2010 4:00-9:00 & 10:00-6:30 pm	Red Deer Recreation Centre 4501 47A Ave, Red Deer AB
(100-101016 Instructor Certification)Saturday & Sunday, October 16th & 17th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON
(100-101102- Instructor Certification) Tuesday, November 2 nd , 2010	Akumal Hotel, Akumal Mexico
Instructor Certification - Sat & Sun Dec 11 th & 12 th , 2010 9-5pm	Georgina Leisure Pool 5279 Black River Rd Sutton, ON L0E 1R0
(100-110226- Instructor Certification)Saturday & Sunday, February 26 & 27, 2011 10:00- 6:00 pm	JCC Metro West 760 Northfield Avenue, West Orange, NJ 07052

WaterART Seniors & Special Populations Instructor Certification

The goal of this program is to provide a comprehensive yet practical approach of facilitating an aging population with medical conditions. You will learn techniques to orient, modify and progress a clientele with a variety of conditions. You will learn specific exercise inventory for Muscular Strength, Cardiovascular conditioning, Balance, Agility, Strength, Mobility, and Functional Fitness appropriate to programming for multi-medical condition. You will receive a diploma upon successful completion of the exam, a web profile and certification status. The exam comprises a written theory and practical component. If you are already Certified this will automatically renew your existing level without a paying a renewal fee.

Date	Location
200-100410- Seniors Instructor Certification)Saturday & Sun., April 10th & 11th, 2010 9:00-6:00pm & 8:00-4:00 pm	Cranbrook Aquatic Center 1777 2nd Street North, Cranbrook, BC

WaterART Personal Training Specialist Certification

This program will help you to apply advanced scientific principles to individual training whether training for group exercise or individual programming. By understanding a client's baseline you will learn how to program more specifically for both shallow and/or deep water. You will learn how to progress each exercise for a varied clientele utilizing a variety of equipment & techniques. We will review case studies to better understand programming for a variety of clientele with a unique skill, body compositions, and goals. Pre-Requisite: Certified instructor, 18 years old.

Date	Location
300-100424-Personal Trainer Specialist Certification - Sat & Sun. April 24th & 25th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON
300-100606-Personal Trainer Specialist Certification Sunday, June 6th, 2010 9:00-5:00 pm	Jewish Community Center on the Palisades 411 E Clinton, Tenafly, NJ 0767
300-101002-Personal Trainer Specialist Certification - Saturday & Sunday, October 2nd & 3rd, 2010 10:00-6:00 PM	JCC Metro West - Leon & Toby Cooperman Bldg 760 Northfield Avenue, West Orange, NJ 07052
300-101103- -Personal Trainer Specialist Certification - Wednesday & Thursday, November 3rd-4 th , 2010 10:00-4:00pm	Akumal Hotel, Akumal Mexico

WaterART Rehabilitation Specialist Certification

This program is an advanced training program for individuals involved in the rehabilitation process. Developed by a physiotherapist, you will require an excellent understanding of anatomy, biomechanics, and exercise design. Shoulder, spine, hip, knee and ankle conditions will be discussed and each area will be taken through six rehabilitation phases in detail. A complete water specific exercise inventory will be reviewed in a short time with and without equipment. Pre-Requisite: WaterART Seniors & Special Populations Instructor Certified or Allied Health Care Provider.

Date	Location
400-100319-Rehabilitation Specialist Certification –Fri. & Sat., March 19th & 20th, 2010 10-6:00 pm & 9-5:00PM	YMCA of Iredell County 828 Wesley Dr.

	Statesville, NC 28677
400-100410 Aquatic Rehabilitation Specialist Certification Saturday & Sunday, April 10th & 11th, 2010 9:00-6:30 pm	St. Joseph's Villa 56 Governor's Road Dundas, ON,
(400-101103- Aquatic Rehabilitation Specialist Certification) Friday & Saturday, November 5 th & 6 th , 2010 10:00-4:00pm	Akumal Hotel, Akumal Mexico

WaterART Mind Body Instructor Certification

Water exercise is an excellent modality for managing ourselves and our well-being. Explore ways to develop physical and mental strength, co-ordination and rejuvenation. Learn to deliver this information to your students.

Date	Location
(2200-100429 Mind Body Instructor Certification) Thursday, April 29th, 2010 8:00-6:00 pm	AFFA CONFERENCE- Princess Bayside Hotel 4801 Coastal Hwy, Ocean City, MD 21842
(2200-100521- Mind Body Instructor Certification) Fri. & Sat., May 21 & 22, 2010 1:00-7:00 pm & 9:00-5:00 pm	Savannah Lakes Village 385 Country Club Drive – McCormick, SC 29835
(2200-101016 Mind Body Instructor Certification) Saturday, October 16th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON

WaterART Pre & Post Natal Instructor Certification

Water exercise is an excellent modality for pre and post-natal fitness. Learn about the changes a woman goes through in pregnancy and investigate appropriate program design. Learn strategies to integrate moms- to-be with regular aquatic programs or to create specific "pre natal" programming. Based on ACOG Exercise Guidelines.

Date	Location
2100-101023- Pre & Post Natal Instructor Certification, Saturday, October 23 rd , 2010 9:30 -6:00 pm	Gus Ryder Pool 1 Faustina Drive, Toronto, ON,

Weight Management Consultant Certification

The goal of this program is to train the Consultant to be confident to deliver the 10 week Managing a Healthy Weight Program to participants. This training will provide the Consultant with a system that will help the individual participant incorporate behaviour modifications and make positive lifestyle changes by balancing physical activity, proper nutrition and a healthy attitude toward body image. Each weekly session has a 45-minute exercise session and a 45 minute lecture and check in session. This program provides a back to basics approach to helping others achieve a healthy body and prevent weight gain that results from living an unhealthy lifestyle.

Date	Location
500-100424- Weight Management Consultant Certification & Managing a Healthy Weight Instructor - Sat April 24th 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON
(500-100521 Weight Management Consultant Certification & Managing a Healthy Weight Instructor Certification) Friday & Saturday, May 21 & 22, 2010 1:00-7:00 pm & 9:00-5:00 pm	Savannah Lakes Village 385 Country Club Drive – McCormick, SC 29835

WaterART Arthritis Instructor Certification

Examine the most common types of arthritis to better design programs for this clientele. Learn to modify and progress exercises, and to vary impact and intensity to meet the multi-level needs. There are more than 100 diseases in the arthritis category and it is widely accepted that most of the symptoms may be greatly benefited through water exercise. This program will review exercise inventory for safe and effective exercise design based on an understanding of functional range of motion and joint action. The balance program will target cardiovascular training, functional fitness, muscular endurance and strength, balance and flexibility training. WaterART working positions will be introduced to provide multi level programming to help each participant train at an appropriate intensity level for self paced exercise - appropriate for types of arthritis. This program will also introduce the use of flotation and resistive devices such as noodles and resistive paddles for improved performance. Water Walking and Tai Chi movements will be incorporated to train mobility, gait and balance.

Date	Location
(700-100227- Arthritis Instructor Certification) Saturday, February 27th, 2010 9:00-5:00 pm	Windsor Water World 400 Wyandotte St E., Windsor, ON

(700-100417 - Arthritis Instructor Certification)Saturday, April 17th, 2010 9:00-5:00 pm	Michigan Athletic Club 2900 Hannah Blvd, East Lansing, MI 48823
700-090919-Arthritis Instructor Certification Sunday, September 19, 2010 9:30-5:30 PM	Cummer Pool 6000 Leslie St. , North York, ON
(700-101017 Arthritis Instructor Certification)Sunday, October 17th, 2010 1:00-9:00 pm	Al Palladini Pool 9201 Islington Ave, Vaughan ON

Land Instructor Certification

This training takes a functional fitness approach that everyone may enjoy and benefit from. The approach is one of integrating core stabilization, muscular balancing, muscular strength and endurance, range of motion, balance, agility and flexibility training. The exercise sequencing is a progressive system that integrates mind, body and spirit into a total body experience. This intensive training will help you to gain the necessary education needed to provide your clients with a progressive form of exercise that works for the entire body utilizing movement patterns from low impact, step, Boot Camp, fitness ball, strength and balance routines. Group exercise oriented for apparently healthy populations.

Date	Location
(1100-100227- Land Instructor Certification)Saturday & Sunday - February 27th, 28th, 2010 9:00 – 5:00 PM	1 Fitbug Studio 105 Grange St, Guelph, ON
(1100-100410-Land Instructor Certification)Saturday, April 10, 2010 8:00 – 4:00 pm	Healthy U Personal Training Inc 431 route 22 East, Whitehouse Station, NJ
(1100-100619-Land Instructor Certification)Saturday, June 19th, 2010 8:00 – 4:00 pm	Healthy U Personal Training Inc 431 route 22 East, Whitehouse Station, NJ
1100-100911 - Land Instructor Certification)Saturday, September 11th, 2010 8:00 – 4:00 pm	Healthy U Personal Training Inc 431 route 22 East, Whitehouse Station, NJ
1100-100306-Land Instructor Certification) Sunday, September 26th & October 3 rd , 2010 10:00 – 6:30 pm	Red Deer Recreation Centre 4501 47A Ave. Red Deer AB

Land Arthritis Instructor

This land certification program incorporates chair exercises in both sitting and standing positions; a gentle light low impact & sculpt program and a Tai Chi relaxation program. These programs have specifically been designed for people with all forms of arthritis. The goal of the program is to provide the leader with a variety of cardiovascular, muscular endurance, strength, mobility and balance exercises for helping the individual to improve their activities of daily living and function as well as decrease pain and discomfort in their body. This is a group exercise program and there is no floor exercise work.

Date	Location
(800-100411- Land Arthritis Instructor Certification)Sunday, April 11th, 2010 9:00 – 5:00 pm	Healthy U Personal Training Inc 431 route 22 East, Whitehouse Station, NJ
(800-100620-Land Arthritis Instructor Certification)Sunday, June 20th, 2010 9:00 – 5:00 pm	Healthy U Personal Training Inc 431 route 22 East, Whitehouse Station, NJ
(800-100912 - Land Arthritis Instructor Certification)Sunday, September 12th, 2010 9:00 – 5:00 pm	Healthy U Personal Training Inc 431 route 22 East, Whitehouse Station, NJ

TO COMPLETE PRACTICAL EXAMS for Certification ...

All practical assessments for certification exams may be booked

- 1 emailing us at info@waterart.org to find a Master Trainer
- 2 booking direct with Master Trainer
- 3 dates listed on website
- 4 submit a home Video /DVD of your program. 30-45 minutes.

TO COMPLETE THEORY EXAMS

- 1) You may email the theory exam directly to WaterART Fitness at info@waterart.org
- 2) MAIL to USA OR CAD office get a tracking number – no signature needed
- 3) **DO NOT FAX – as we can not typically read writing**

If you are already Certified with WaterART – Specialty programs (Arthritis, Weight Management Instructor, Mind Body Instructor, Common Movement Instructor, Pre & Post Natal Instructor do not involve practical assessments)

Aquatic Personal Trainer Specialist and Rehabilitation Specialist involve Practical Case Studies for the practical component. Certification Renewal is every 2 years.

CERTIFICATION RENEWAL

You have options to renew any level Certification - ONSITE OR HOME STUDY

1) Complete 16 hours of either onsite or home study training. Of the 16 hours of recertification hours, a minimum of 8 hours must be specific to WaterART training. For home study training, you may purchase DVD's & you can do a buy a CEC quiz for 2.0 credits/DVD. Everyone must purchase their own resources -we don't allow sharing. Check online for onsite courses on a regular basis as we add daily.

OR

2) Complete another level of certification(prior to your current certification expiring) & it will automatically renew your existing levels & the bonus is that you do not pay a renewal fee . Realize that your renewal is 2 years from when you pass the exam. We do not extend your present certification nor carry over credit hours.

WaterART has over 14 home study programs to choose from. The specialty courses such as Prenatal, Kids, Arthritis, Mind-Body, Common Movement Disorders only required to complete a take home theory exam (if you have your current level of Certification qualifications).

NOTE: If you have multiple certifications - all certification will expire the same date. To renew - everyone must submit a renewal form via MAIL, FAX, or scanning and emailing information (unless you complete another level of certification) . The payment information should be included in the application. You may phone if you have completed all of your 16 hours through WaterART. The Certification diploma states that you have to keep a CPR Emergency Safety Qualification OR Lifeguarding Qualification valid for our certification to be valid as we cannot police this.

Renewal Fees are before the expiration = \$35.00
Later Renewal (within 6 months of expiration) = \$55.00
After 1 year of Expiration - no renewal possible.

Certification is Separate to Your WP (WaterART Professionals Membership)

Your Best Deal

is to become a WaterART Professionals Member WP rates

WaterART Fitness International has created several levels of memberships - and EVERYONE is welcome to join! It is a separate program from our Certification or qualifications. It provides many advantages in terms of benefits and savings. All memberships have a variety of "value-added" gifts so that you may receive samples of goods to utilize for your personal demonstration and sale.

With each Membership, You choose ONE of the following VALUE ADDED BONUS GIFTS:

- Gift A** WaterART Thermal Vest, DVD029, & Wet net bag
- Gift B** WaterART Buoyancy Cuffs, DVD042, Laminated Card & Wet net bag
- Gift C** WaterART Mitts, T-shirt, Water-bottle, Waist-Purse, DVD033
- Gift D** WaterART Certified Knap Sack & WaterART Certified T-shirt, DVD033
- Gift E** WaterART Awesome Net Duffle bag & 2 Fit Bands & DVD049 or DVD041
- Gift F** Speedo Tote bag & WaterART Water-bottle, dvd033
- Gift G** 100% Endurance SPEEDO Bathing suit sizing 6-16 NO bra with Logo
- Gift H** 100% Endurance SPEEDO Bathing suit WITH bra sizing 6-24 add \$20.00
- Gift I** WaterART Anatomy (water & land shirt), wet bag, DVD024

- Quarterly Newsletter Jan, April, Aug, Oct
- Monthly E-Newsletter
- 20-25 % discounts on all product purchases dependent on your certification status Master Trainers, WMC, Personal Trainer Specialists receive more!
- Registration Discounts on onsite events
- Job Postings & Listings!
- Member's Only Website at www.waterart.org/membersonly
- Specialized privileges on our Message Board at www.waterart.org/membersonly/community
- And you always receive a full year from your JOIN or RENEWAL DATE
- NEW MEMBERS are \$65.00
- RENEWALS are \$55.00 when you renew prior to expiration OR event upgrade

Please add applicable taxes and \$10.00 shipping unless picking up at an event.

WP MEMBERSHIP GIFT A WaterART Thermal Vest:

The key to staying warm in the water. Vests should fit snug so that it is your second skin. Sizing is unisex.

If you are in between sizing go smaller as you "shrink" in the water.

Size 2XL 52-55" Chest **Size XL** 48-51" Chest

Size L 44-47" Chest **Size M** 40-43" Chest

Size S 37-39" Chest **Size XS** 34-36" Chest **Size XXS** 30-33"

Chest



WP MEMBERSHIP GIFT B Buoyancy Cuffs, DVD042, LC042 and WaterART wet net bag:

This versatile equipment may be utilized for safety as a deep water belt or advanced resistive equipment for your ankles and/or wrists. Each piece comes with six panels of closed cell foam that you may take out to lessen buoyancy. You will receive DVD042 instead of our DVD033/DVD029 program.



WP MEMBERSHIP Gift C WaterART Waist Purse/ Water

Bottle/Mitts/T-shirt: T-shirt with "WaterART" across the front & "Exercise with Purpose" on the back. Non shrink cotton T-shirts in sizes S, M, L, XL, and XXL. Regular and Certified T-shirts available. The waist purse has 3 compartments. WaterART Mitts in S, M, L & Side zipped mitts are available in XL



WP MEMBERSHIP Gift D Knap Sack & T-shirt: Non shrink cotton T-shirt sizing S, M, L, XL, XXL. If you are Certified you receive specialized Certified T. University-quality knapsack with WaterART Logo.



WP MEMBERSHIP Gift E

WaterART Net Duffle bag with two Fit Bands: The duffle bag is a handy tool to carry all of your water equipment and wet gear. The fit bands come in two sizes: 15 inch and 30 inch. You will receive a DVD041water program or DVD049land program.



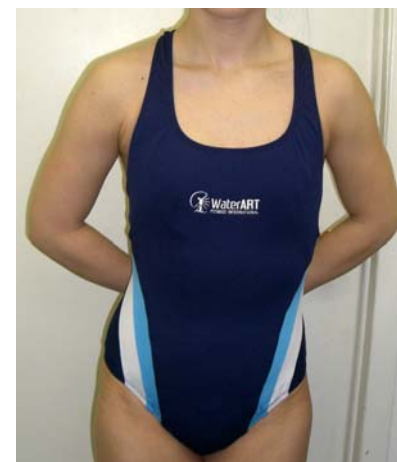
WP MEMBERSHIP Gift F Speedo Tote bag & water bottle: This handy tote bag has several compartments including a water bottle holder, cell phone holder and front section for keys and valuables. Lots of space with an adjustable shoulder strap.



WP MEMBERSHIP Gift G Speedo Endurance Swimsuit without built in bra (front liner or shelf bra only) : You receive a 100% Endurance SPEEDO Bathing suit. Pick your size from 6-16 OR. We have embroidered the WaterART Professionals Logo on it –so you stand out in a crowd!



WP MEMBERSHIP Gift H Speedo Endurance Swimsuit with bra: You receive a 100% Endurance SPEEDO Bathing suit. Pick your size from G without bra 6-18 OR H with bra 6-24. Add \$20.00 for a suit with built in bra. We have embroidered the WaterART Professionals Logo on it –so you stand out in a crowd!



WP MEMBERSHIP Gift I WaterART Anatomy Shirt (for either Land or Water)
Unisex Sizing XXS, XS, S, M, L, XL, XXL (100% Endurance Quick Dry Fabric), DVD029.



How to Register:
PHONE/FAX/MAIL/ONLINE

*****ALL REGISTRATION VIA WATERART FITNESS**

MAIL in Canada : WaterART Fitness International Inc., 83 Galaxy Blvd., Unit 19, TORONTO, ON M9W 5X6

MAIL in USA : WaterART Fitness International Inc., 210 South 8th Street., Lewiston, NY, 14092

PHONE: with Credit Card 416 621-0821 GTA or

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ONLINE: www.waterart.org – log in – if you are already in our system – please do not create another account OR your WP/Certification information will not view in your profile and your discount wont be automated. Should you forget your password – click forgot password & it will be emailed to your email address.

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COURSE/DATE REGISTERING FOR _____

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ADDRESS: _____

CITY: _____ PROV/STATE: _____ ZIP/POSTAL CODE: _____

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We require the **BILLING ADDRESS & THE NAME OF CARD HOLDER** IF DIFFERENT THAN ABOVE – Also, Please check if there is an initial for the cardholder's OR if Billing address of cardholder is different than above _____

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